

# RECOMMENDED COUNSELORS

LAST REVISED August 2019

1. Rebecca Maxwell, M.A., Licensed Marriage and Family Therapy  
Phone: 904.735.8730  
Address: 13500 Sutton Park Dr. S. Suite 802  
Email: [jacksonvillecounseling@gmail.com](mailto:jacksonvillecounseling@gmail.com)  
Website: [jacksonvillecounseling.net/](http://jacksonvillecounseling.net/)
  - a. Couples, families, children and adolescents, individual counseling for anxiety/depression, grief, adjustment, general mental health
  - b. No insurance accepted at this time
2. Dr. Jennifer Santos Wright, Ph.D., L.M.H.C., Developmental Psychologist & Christian Counselor  
Phone: 904.322.4074  
Beach Address: 380 South 3rd Street, Suite 2, Jacksonville Beach, FL 32250  
Mandarin Address: 2950 Halcyon Lane, Suite 204, Jacksonville, FL 32223  
Email: [dr.jennifer.s.wright@gmail.com](mailto:dr.jennifer.s.wright@gmail.com)
  - a. Children, adolescents and adults, individual and family counseling for anxiety, depression, grief, sexual abuse and a range of behavioral, emotional, relational and adjustment issues
  - b. No direct insurance billing, you may be eligible for out of network reimbursement
3. Dr. Richard Marks  
Phone: 904.724.8683  
Address: 6821 Southpoint Drive N, Suite 228, Jacksonville, FL 32216
  - a. Marriage, individual, marriage intensives, addictions, spiritual formation and pastoral counseling, general mental health issues
4. Kathleen Patneau MHA, MA, LMFT, CAP #318-6412  
Phone: 904-308-3751
  - a. Individuals, couples, pre-marital counseling
  - b. Accepts Aetna, Humana, Beech Street, Tricare, Blue Cross, Cigna
5. Andy Jacobs, Licensed Christian Marriage and Family Therapist  
Phone: 904.758.4399  
Address: 822 A1A North  
Email: [andy@ccajax.net](mailto:andy@ccajax.net)  
Website: [www.CCAJAX.net](http://www.CCAJAX.net)
  - a. Individuals, couples, family counseling, depression, anxiety, addictions
  - b. No direct insurance billing, accepts HSA Cards
6. Stuart Whitlow, LMHC #9446  
Phone: 904.262.1900  
Address: 2950 Halcyon Lane #204  
Email: [whitlowcounseling@gmail.com](mailto:whitlowcounseling@gmail.com)  
Website: [jaxchristiancounseling.com/](http://jaxchristiancounseling.com/)
  - a. Marriage, substance abuse, anxiety/depression, pornography
  - b. Accepts Aetna, Tricare, Cigna

## RECOMMENDED COUNSELORS

7. Dana Bridges, MA, LMHC, NCC #13598  
Phone: 904.574.4175  
Address: 6620 Southpoint Dr. S, #450-J, Jacksonville, FL  
Email: [dana@gracechristiancounseling.net](mailto:dana@gracechristiancounseling.net)  
Website: [gracechristiancounseling.net/](http://gracechristiancounseling.net/)
  - a. Addiction, mood disorders, adjustment disorders, grief, marriage and families, military
  - b. Accepts Aetna, Tricare (standard), Beacon/Military One Source Humana, Magellan. EAPS; ComPsych, BDA, E4 Morneau Shepell
8. Shannon Miller, LMHC,  
Phone: (412) 523-2087  
Address: 1100 Plantation Island Dr. Suite 140 Saint Augustine, FL 32080  
Email: [Shannon@sojourn-care.com](mailto:Shannon@sojourn-care.com)  
Website: [sojourn-care.com/](http://sojourn-care.com/)
  - a. Pre-marital, couples, family, individual, teenagers
  - b. No insurance accepted at this time
9. Dr. Michelle Powell, 13500 Sutton Park Dr. S. Suite 802, Jacksonville, FL  
Phone: 904-325-7770  
Email: [michellepowellphd@yahoo.com](mailto:michellepowellphd@yahoo.com)  
Website: [michellepowellcounseling.com/](http://michellepowellcounseling.com/)
  - a. Sex and pornography addiction, infidelity, betrayal, sexual issues, infertility, postpartum, prenatal, women's issues
  - b. Couples and individual therapy
  - c. No insurance accepted at this time
10. Emily Yi, LCSW  
Phone: 904-357-0536  
Address: 7900 Lone Star Road 32211  
Online counseling available for FL residents  
Email: [emilykateyi@gmail.com](mailto:emilykateyi@gmail.com)  
Website: [parkwoodcounselingcenter.com/](http://parkwoodcounselingcenter.com/)
  - a. Specializes with creative, gifted teenagers and their families, processing trauma, anxiety, depression, grief and all aspects of identity development (mental health, physical health, spiritual health, sexuality, boundaries, personality, etc)
  - b. Tricare or Self Pay